

# *The* NEWSLETTER

<http://www.jkrishnamurti.ca>

## *Live the Four Seasons in a Day*

Is it not essential that there should be a constant renewal, a rebirth? If the present is burdened with the experience of yesterday there can be no renewal. Renewal is not the action of birth and death; it is beyond the opposites; only freedom from the accumulation of memory brings renewal, and there is no understanding save in the present.

The mind can understand the present only if it does not compare, judge; the desire to alter or condemn the present without understanding it gives continuance to the past. Only in comprehending the reflection of the past in the mirror of the present, without distortion, is there renewal...

If you have lived an experience fully, completely, have you not found that it leaves no traces behind? It is only the incomplete experiences that leave their mark, giving continuity to self-identified memory. We consider the present as a means to an end, so the present loses its immense significance. The present is the eternal. But how can a mind that is made up, put together, understand that which is not put together, which is beyond all value, the eternal?

As each experience arises, live it out as fully and deeply as possible; think it out, feel it out extensively and profoundly; be aware of its pain and pleasure, of your judgments and identifications. Only when experience is completed is there a renewal. We must be capable of living the four seasons in a day; to be keenly aware, to experience, to understand and be free of the gatherings of each day.

J. Krishnamurti – November 2

The Book of Life, Harpers San Francisco, Publishers, 1995  
Printed with the permission of the Krishnamurti Foundation of America





# The Library

## *New DVDs and Books*

Concerned with keeping pace with video technology, the KICM executive decided last autumn to switch exclusively to the DVD format, instead of videotapes, for new library acquisitions. In December, the Krishnamurti Foundation Trust (KFT) at Brockwood Park, England, presented us with a very timely and generous donation - 15 series of Krishnamurti talks and dialogues, consisting of 71 DVD disks, as well as five new books (See list below). As a result, we are now well equipped to continue our initiative of making Krishnamurti's teachings available through public video showings at Concordia University, and by lending items to members from the library. We are very grateful to the KFT for this special gift.

## *New Acquisitions to the Library - DVDs*

*Please note that DVDs are currently in english only. We soon hope to acquire some series with french subtitles.*

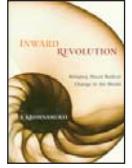
1. Can Humanity Change? – Dialogues with Buddhist Scholars, Brockwood Park, 1978-79 (Series of 6 DVDs).
2. Education – Dialogues with Students at Rishi Valley, India, 1984-85, with Staff and Students at Brockwood Park, 1983 (Series of 5 DVDs).
3. The Ending of Sorrow – 4 Public Talks and 2 Q&A Meetings, Brockwood Park, 1984 (Series of 6 DVDs).
4. Facing a World in Crisis – 4 Public Talks and 2 Q&A Meetings, Brockwood Park, 1985 (Series of 6 DVDs).
5. The Future of Humanity – 2 Dialogues with David Bohm, Brockwood Park, 1983 (Series of 2 DVDs).
6. Goodness Only Flowers In Freedom - 2 conversations with Father Eugene Shallert, San Diego, 1972 (1 DVD).
7. Knowledge is Conditioning - three conversations with Mary Zimbalist, Brockwood Park, 1984 (1 DVD).
8. The Transformation of Man – 7 conversations with Dr. Bohm & Dr. Shainberg, Brockwood Park, 1976 (Series of 4 DVDs).
9. Washington DC Public Talks – 2 Public Talks, 1985 (Series of 2 DVDs).
10. What is Life? – 3 Public Talks, Madras, 1985-86 (Series of 3 DVDs).
11. What Love is Not – 7 Public Talks and 5 Q&A Meetings, Saanen, 1979 (Series of 12 DVDs).
12. When There is Freedom – 7 Public Talks and 5 Q&A Meetings, Saanen, 1980 (Series of 12 DVDs).
13. A Wholly Different Way of Living – 18 conversations with Prof. Allan W Anderson, San Diego, 1974 (Series of 9 DVDs).
14. Why Are We Fragmented? - 2 conversations with Iris Murdoch, Brockwood Park, 1984 (1 DVD).
15. World of Peace – 4 Public Talks and 2 Q&A Meetings, Brockwood Park, 1983 (Series of 6 DVDs).

## *New Book Acquisitions*

The following five new books were donated by the KFT to the library collection.

### **Inward Revolution**

Bringing About Radical Change in the World



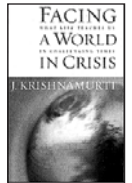
J. Krishnamurti

Krishnamurti was one of the most influential spiritual teachers of the twentieth century who taught that truth could only be discovered through looking deeply at one's own experience. It is by learning to be attentive and clear in our perceptions that we find freedom. "Krishnamurti is one of the greatest philosophers of the age."—the Dalai Lama.

(Shambala Press catalogue, 2006)

### **Facing a World in Crisis**

Madras, India 1985  
- What Life Teaches Us in Challenging Times



J. Krishnamurti

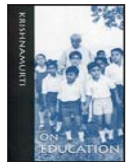
In Facing a World in Crisis, Krishnamurti addresses the question of how we can live in and respond to troubling events in the world. Krishnamurti's message - emphasizing personal responsibility and the individual's connection to the world - is offered in a nonsectarian, nonpolitical way. His direct and ultimately life-affirming message will resonate with readers today who are looking for a new way to understand and find hope in challenging times.

(Shambala Press catalogue, 2005)

### **On Education**

K.F.India 2003

J. Krishnamurti

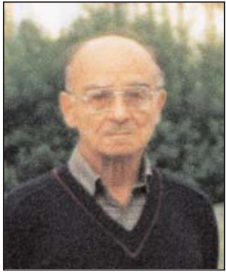


Krishnamurti regards education as of prime significance in the communication of that which is central to the transformation of the human mind and the creation of a new culture. As the topics in these stimulating talks and discussions reveal, he questions the very roots of our culture so that a comprehensive view on education emerges. Krishnamurti's challenge is addressed not only to the structure of education but to the very nature and quality of man's mind and life.

(From the book jacket)

*continued on page 4*

# Paul Bura 1925 — 2006



It is with great sadness we relate the news that Dr. Paul Bura, one of the founders of the KICM, passed away last October. Born in Ukraine, Dr. Bura escaped to England during World War II, where he earned a doctorate in electrical engineering at Imperial College, London. During this period, he also joined groups based on the teachings of G.I. Gurdjieff. Shortly after settling in Montreal in the early 1970s, Dr. Bura helped organize the Krishnamurti Information Centre, and directed it for 17 years. He retired to Toronto in 1991, joined the Toronto Theosophical Society, and eventually became the organization's president. Described by a friend as a "contemplative mystic" in his later years, Dr. Bura will be deeply missed.

## Love and Choiceless Awareness

*Editor's Note: This article by Dr. Bura appeared in KICM Newsletter, no. 4, October 1993.*

A basic aspect of Krishnamurti's teaching is "choiceless awareness from a silent mind". This state of awareness comes when "the observer is the observed". This last statement shows that our usual state of observation is that of the "me" observing and naming the incidents of our inner and outer life.

In choiceless awareness the "me" is observed and identification with it is broken. Unfortunately, such moments are very rare and are lost almost as soon as they appear. The outer events or inner reactions draw our attention away from the choiceless awareness and the me is re-instated.

Why are we unable to live in this state? A partial answer comes from another aspect of Krishnamurti's teaching: passion. In one of the conversations with him, he confirmed that "passion comes before silent mind".

What is this "passion"? It is clearly not the usual meaning of the word, yet it does resemble it in some way. Our passions are for the benefit of the "me". The pure energy is profaned. The true passion is caring, compassion and love for all and everything, including my deluded self.

Why is passion necessary? It is because its strength can withstand the pull of the outer and inner reactions, maintaining attention in the state of choiceless awareness of the silent mind.

In this state we are open to both love (compassion) and intelligence (wisdom). These, in turn, feed the flame of passion in our hearts.

Yet, we lose even this state. Why? Is it because we forget to embrace in love all and everything, trying to keep it for ourselves – forgetting the rest of the world that desperately needs this energy? It seems that the more we love, the more we embrace in the self-less love, the stronger its presence is felt in our hearts. If we try and keep it inside for ourselves, its flow dries up and "me" reappears.

### *In Remembrance of Dr. Paul Bura*

To Paul

A precious being has passed on. Of fortunate birth; he lived to follow his intuition of wisdom, which led to deep choiceless commitment; to understanding. He has blessed us all.

Form and consciousness fade away; but are never lost.

George Melnikov, Ayer's Cliff, January 2007

### Notes to the KICM Newsletter

*The Passing of Emile Polic - April 2006 KICM Newsletter*

After having read Emile Polic's sensitive essay, "What Does it Mean to Die", I was immediately reminded of some graffiti written upon the wall of a building in my previous neighborhood in Montreal. It straightforwardly inquired in big bold red lettering, "Is there life before death?"

Emile's essay, I believe, provides us with a valuable perspective in response to exactly this question.

News of Emile Polic's recent passing saddened me. However, having known Emile for years in Montreal as a fellow participant in 'K' discussion groups, I particularly recall his hearty laughter. Emile, as his essay testifies, was a serious student of wisdom.

I send my heartfelt condolences to his family.

G. West. Ayer's Cliff, August 2006

# News and Notes

## In Appreciation

Our thanks to Flip Image Communications Inc., Montreal for generous assistance in producing the KICM Newsletter, brochure and advertising.

Our gratitude goes out once again to Pierre Hudon in Quebec City for his invaluable translation work on the Newsletter.

And our thanks to Christian Lefebvre for his help for the french texts.

Please note: The address of the KICM website is now [www.jkrishnamurti.ca](http://www.jkrishnamurti.ca) At present the site is being re-designed, and should be in complete operation soon.

We would also like to express our appreciation to the Krishnamurti Foundation Trust at Brockwood Park, UK, and especially Donna Broughton, for the kind donation of DVDs and books to the KICM library.

## Dialogue Groups

There is a possibility that dialogue groups in French and / or English may be organized for this September. Those interested in participating please call: 514-937-8869.

## Work Party at Brockwood

For 10 days in July you can help Brockwood Park with its gardening and / or building maintenance while exploring Krishnamurti's teachings with others. Mornings will be for the work, and the afternoons are unscheduled. At 4:00 or 5:00 pm there will be dialogues or K videos. For more information please contact Yannick Benoit at: [facilities@brockwood.org.uk](mailto:facilities@brockwood.org.uk)

## Library Hours

Every Wednesday; 1:00 PM to 5:00 PM by appointment only. Please contact Mary to arrange an appointment (by Tuesday evening at the latest) and feel free to call anytime with questions pertaining to the library.

*Please note: all library material is protected by copyright and is not to be reproduced.*

## International Committee

The KICM has been invited to join the International Committees Meeting at Brockwood Park.

From July 3rd to July 7th the Krishnamurti Foundation Trust is hosting the 2007 International Committees Meeting at the Krishnamurti Centre, Brockwood Park, England. The event will be followed by a weekend celebration, July 7th and 8th, of the 20th anniversary of the Krishnamurti Centre.

For the first time the KICM will be represented at the Meetings. Maxine Dubois will be in attendance, and we look forward to his report on the proceedings which will be published in our next Newsletter. For information about the event see the Krishnamurti Foundation Trust website at: <http://www.kfoundation.org>

## K Gathering in Maryland, USA

You are invited to the annual Krishnamurti Memorial Day Gathering and Dialogues, May 25-28, in Buckeystown, Maryland, an hour's drive from Washington, DC. The topic this year is "Self Understanding." The weekend begins Friday evening with a buffet and an orientation which includes discussion of the dialogue process. In addition to daily dialogues and Krishnamurti video showings, there is opportunity for solitude, to meet informally, and to enjoy the lovely rural setting. For further information or registration contact Terry O'Connor at: [terry.oc@verizon.net](mailto:terry.oc@verizon.net)

## Rental Fees

Audio : Cost — \$3, deposit — \$4.  
Video : Cost — \$5, deposit — \$15.  
Loan : 1 week depending on demand.

### Book Loans

Books : Free, deposit — \$10.  
Loan : 2-4 weeks, depending on demand.  
Postal delivery - add \$5.

# The Library

## New Book Acquisitions

### Beginnings of Learning

J. Krishnamurti

"The heart of the matter is education. It is total understanding of man and not an emphasis on one fragment of his life."



The subjects range from learning how to sit still with a quiet mind to coping with individuals – or discovering how to live sanely in an insane world. (Sunday Telegraph, UK)

Many of the discussions are concerned with a highly relevant problem: how to help children to meet the educational demands of their society without conforming to its conventional values.

(The Observer, London, UK)

### Journal of the Krishnamurti Schools

no. 10, July 2006, K.F.India

This is a journal of education that carries an anthology of writings by educators and thinkers exploring a new vision of education in its many dimensions - philosophy, psychology, classroom experience, curriculum, nature and environment and contemporary issues. It lays special emphasis on Krishnamurti's principles of education. It will be of use to teachers, parents, educational administrators, teacher-educators, and to any individual interested in engaging in the educational challenges of our times.

(From the book jacket)



## Enquiries



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